

# Karen Langevin

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Objective	To provide an experience of psychophysical integration to a variety of populations and create new experiences between performer/observer that facilitate community building.
Qualifications	Be it through dance, yoga, or the Alexander Technique, I have been investigating and studying the body/mind continuum for the past 30 years. My teaching is inspired by these investigations of how we move and why we move the way we do, supplying students with an invaluable experience of awareness and consciousness. I have been performing as an improviser, experimenting with these observations and attempting to create a different relationship between performer and observer, one that may supply a moment of physical as well as mental integration, a moment of communal possibilities, a shifting of paradigms.
Education	<p><b>1981-1985</b>   BA in Dance and Anthropology, CSULB</p> <p><b>1991-1994</b>   Certification Alexander Technique, ACAT</p> <p><b>1993-1995</b>   Pre-Med Hunter College and Mesa Community College</p> <p><b>2009-2010</b>   John Nicholl's post-graduate AT refresher course</p> <p><b>1994-2023</b>   Continued individual education with teachers Genny Kapuler and June Ekman. Continued education through weeklong courses in the Alexander Technique by master teachers such as Elizabeth Walker and John Nicholls. Attended numerous improve workshops in New York City by a variety of well-known teachers like Barbara Dilley, Stephanie Skura and Deborah Hay.</p> <p><b>2019</b>   Open Source Forms Workshop with Stephanie Skura in Seattle.</p> <p>Self-procured Residency in NYC with Alexander Technique teacher and dancer Shelley Senter. Skinner Release Technique workshop in El Salvador with Marisol Salinas.</p> <p><b>2020, 2022 &amp; 2023</b>   Participated in Deborah Hay workshop/residency Austin, TX</p>
Employment	<p><b>1994-2023</b>   Private practice teaching the Alexander Technique. Taught in Arizona, Ethiopia, Kenya and currently in Puerto Rico. Both individual and group lessons.</p>

**1997-2023** | Movement Workshops, San Juan, PR Teaching different populations to find their own movement language through improvisation.

**1997-2023** | Yoga instructor in the style of Iyengar Yoga, offering private and group lessons. Private practice, San Juan, PR

**1998-2014** | Alexander Technique Teacher, Conservatorio de Música de PR

**2019** | Movement coach and workshop for Caborca Theatre Company in NYC.

**2019** | Yoga and Alexander Technique workshops at Panük Centro de Danza, El Salvador.

#### Performance & Work

**1987 to 1994** | Performed in NYC with Jody Oberfelder-Rhiem, Doug Elkins, Viveca Vázquez, Stephanie Skura, Karl Anderson and produced my own work, SHE BASHES and SIR THOMAS AND LADY JANE.

**1994 to 1996** | Performed with Playback Theatre in Phoenix, Arizona and collaborated with local poet Dick Bakken and The Divergent Freeway Theatre.

**Since 1997** | I have been invited every year as guest teacher/lecturer/ performer at the University of Puerto Rico's Drama Department and the Women and Gender Studies program.

**1997 to 2007** | In San Juan, Puerto Rico performed with Viveca Vázquez in RIVERSA, produced DE LA MANGA with Eduardo Alegría and Lydia Platón, a mixed-media improvisational project presented at different venues and created, ATLAS CONSENTIDO, a reflection on the effects lack of rest has on our biology, presented at Teatro Estudio Yerbabruja.

**2008** | Participated in PERFORMATICA, a workshop and performance event held at Puebla, México. Presented, QUEHACER, in a split concert with Eduardo Alegría at the Teatro Estudio Yerbabruja and in Café Araba.

**2009/10** | Worked with local artist Teresa Hernández in her full evening work, CORAJE, presented at the Victoria Espinoza Theatre and toured through various local universities.

**2011/2012** | Participated in various informal presentations in small local theaters and in movement improvisation projects. Presented in Teatro/ Estudio Y No Había Luz, TRANS/VISUAL, a series of solo improvisations based on my new full evening work about the way we look and perceive, OJO AL DETALLE, shown in the same venue on October 2012.

**2013** | Participated in CONDUCTA, Coreografía del Error, a 30 year retrospective of artist Viveca Vazquez in the Museum of Contemporary Art (MAC).

**2014/2016** | Developed GUÍA PARA PERDERSE with Nibia Pastrana, an exploration on the practice of movement improvisation presented at Casa Cultural Ruth Fernández and La Hacienda La Esperanza in Manatí.

**2014-15** | Received a commission by the Museum of Contemporary Art of Puerto Rico participating in the museums Proyecto Santurce, presented a movement video, NO INUNDABLE, and an improvisational concept, CONVELLONERA. Both pieces, the result of spending 6 months in the community Alto del Cabro working with inverted anthropology, a concept I developed where place informs movement and involvement with the community happens accidentally and surreptitiously.

**2016** | Presented AUGUR as part of a residency project in Centro de Bellas Artes de Santurce, a reflection on time, presence and foretelling. Participated in MIRA MIRA, a project commissioned by the MAC, developed by the artist Dhara Rivera, with Balsa, a site specific piece on a raft in La Laguna del Condado.

**2017** | Presented AUGUR 2.0 in El Polvorín, a revision of AUGUR as a solo piece.

**2017** | Presented WRECKAGE a piece developed as a result of Hurricanes Irma and Maria in Denver, CO commissioned by the Iyengar Yoga center of Denver.

**2018** | Presented RE VIENTO a collaboration with different musicians exploring movement and music improvisation presented at Rafael Marxuach Studio in Santurce, Puerto Rico.

**2018** | Presented FORTUNE in MEZCOLANZA part of the LOISAIDA FESTIVAL in New York City. An audience participation piece where the performer answers questions about the future using movement as the foretelling medium.

**2018-20** | Participated as Mentor in Northwestern University Puerto Rican Arts Initiative

**2019** | Presented DE LA NADA in collaboration with musicians Jayson Yordan and Jonathan Suazo at Casa de Cultura Ruth Hernández Torres, Rio Piedras, PR.

**2021** | Developed PANDEMICA aire, fuego, tierra y agua. A journal-like self-made movement video. A tribute to the elements in response to the pandemic.

**2021** | Developed MAMIFERAenserie, a collaboration with five video artists in various historic-industrial places in Puerto Rico. Performed MAMIFERAsola in the MAC of Puerto Rico and MAMIFERA, an outdoor group piece, in Santurce, Puerto Rico.

**2022** | Participated in Driftwood Studios Art Residency East London, South Africa

**2022** | Presented work in process CUERO DURO (TOUGH SKIN) at La Casa de Lxs Contrafuertes, Old San Juan, Puerto Rico.

**2022** | Participated in residency project Nos Creceran Tentáculos Resi(st)(d)encia ecosomática para tiempos catastróficos sponsored by Iberescena and the Centro Cultural de España Juan de Salazar in Paraguay.

**2022** | Developed and performed MAT(t)TER, a movement and voice tour of NOVENARIO an exhibit curated by Dr. Lydia Platón at the Museum of Contemporary Art of Puerto Rico.

**2023** | Fund raiser performance for development of CUERO DURO (TOUGH SKIN 2024) in La Casa de Lxs Contrafuertes, Old San Juan, Puerto Rico.

**2023** | Participated in Cortéx Frontal Residency in Arraiolos, Portugal.

**2023** | Participated in residency at La Casa de Lxs Contrafuertes, Old San Juan, Puerto Rico as final stage of new work CUERO DURO (TOUGH SKIN) to be presented on February 2024.